

INGREDIENTS

- ½ lb. 90/10 ground beef-
whatever you want
- 1 small yellow onion, diced
- 1 can pinto beans
- 1 can dark red kidney beans
- 1 can chili beans
- 1 large can crushed
tomatoes
- 2 cups water
- 2 garlic cloves, minced
- 2 teaspoons cumin
- 2 teaspoons chili powder
- 2 teaspoons dried oregano
- Salt and pepper

DIRECTIONS:

Add ground beef and onion to a pan and cook over medium heat until meat is well browned. Drain fat and discard.

Transfer meat and onion to slow cooker, add remaining ingredients and stir to combine.

Cover and set heat to low. Cook on low setting for 6-8 hours.

Taste for seasoning, add salt and pepper to taste, and serve.

